

# CARDIO DRUMMING



1. Champions will schedule a session with Sarah Maslar like normal.
2. Be sure you have the budget to cover the fees of this program.
3. The vendor will send an invoice to the district wellness team. The district wellness team will handle the payment process.
4. The district team will pay the vendor directly by deducting the Champions budget within 30 days after the invoice is received.

Name: Sarah Maslar (Soul Fit)

Number: (727) 331-3028

E-mail: soulfitfam@gmail.com

Service: Cardio Drumming

Time: 45 minutes

Area covered: South of East Bay Dr.

Cost: \$125

Vendor #: 41555